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Speak With Courage: 50+ Insider Strategies For Presenting With Confidence



Synopsis

Instructors and students understand that fear of public speaking is one of the biggest challenges in the introductory course. And that's where *Speak with Courage* comes in. Author and master teacher Martin McDermott has helped over 3,000 students overcome their fears and rise above speech anxiety by applying the right techniques. *Speak with Courage* offers 50+ diverse strategies—class-tested, rhetorical, practical, and fun—that help students at every stage of the speechmaking process, from getting started and choosing a topic to delivering the presentation and learning from the experience. Helpful and effective, this well-written and appealing text is the tool you need to get your students up and speaking with confidence. *Speak with Courage* is also available as an inexpensive e-book, a great add on to any course with a public speaking component.

Book Information

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Customer Reviews

Of the many books you'll read during your lifetime, there are those few that stay with you. For me, *Speak with Courage* is one of those books, and my copy is filled with margin notes and brightly colored Post-It notes. *Speak with Courage* is sincere, witty, positive, clear, and insightful, and by the end of the book I no longer felt anxiety and animosity towards public speaking—for the first time in my life. *Speak with Courage* is an enjoyable read from beginning to end, and I highly recommend this book to everyone—whether or not you fear public speaking.

Speak with Courage is truly a masterpiece. With his personable and humorous style, Martin has deconstructed a potentially boring and scary topic by converting it into a simple, desirable and

achievable skill. Along with his superb professional coaching, he has transformed my professional life. Aida M Hasbun MD

I used this book before giving a recent talk. The tips I needed were easy to locate and my talk went off without a glitch. I spoke with courage and confidence for the first time. Thank you.

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